



Transitions

step into your future.

Applicant Information

the central missouri foster care and adoption association is proud to present you with the support you need to achieve your dreams. All you have to do is take the first step!



THE CENTRAL MISSOURI
**Foster Care
& Adoption**
ASSOCIATION

Outline

Program Description:

The Transitions program is geared toward assisting foster youth who are “aging out of the system and about to begin their senior year of high school. It is a program designed to help each child complete high school and to provide them with the opportunity to pursue post-secondary education. The program matches each child with a mentor to help ease their transition from foster care to college and provide them with support from a responsible adult.

Program Benefits:

1. Mentor:

Pairing the students with a responsible adult mentor from the Central Missouri community who will provide guidance in transitioning to adult life i.e. completing college and scholarship applications, searching for employment etc. The student will be matched with this mentor until completion of freshmen year of post-secondary education.

2. Life Skills:

Life skills training including, but not limited to, budgeting, education, employment, self-esteem, health care, leadership, financial aid and housing. Also, the students must complete the FosterClub.org “Tool Kit,” a step-by-step transition plan that covers many of the areas listed above.

3. Prom/ Graduation Package:

Resources to help the student pay for their prom and graduation.

4. Dorm/Apartment Package:

After completion of all requirements listed on a contract {attached} signed by the student, the students will receive a dorm/apartment kit to assist with housing and a laptop computer.



Eligibility Requirements:

The students are referred to CMFCAA through their caseworkers at Children's Division and other similar agencies. The students must be incoming seniors on track to graduate with a minimum G.P.A of 2.5.
Application Process:

1. Complete Application:

The student and caseworker fill out the Transitions application packet, and return it to CMFCAA by August 31st of their graduation year {placements will be received after this date if openings still exist in the program}.

2. Letter of Recommendation:

The student must provide one letter of recommendation from a teacher, counselor etc.

3. Short Essay:

Write a short essay, no longer than 500 words, describing why the student wants to pursue post-secondary education and how the Transitions Program would benefit them.

Mentor Recruitment and Matching:

Mentors are found through various channels in the Central Missouri community. Through communications with Lincoln University, local churches and agencies like the Children's Division, we disperse information about volunteer opportunities. Once completing the volunteer application and agreeing to the Mentor Responsibilities Outline {attached} the mentor will complete a hobbies/interests form and a short interview about personal information to assist in making the most appropriate match. Students are matched to mentor after completing the same hobbies/interest forms and short interview format. Final matches occur at the end of the first day of scheduled retreat weekend.



Evaluation Plan:

- 1) A survey will be completed by both the mentor and student after three months and one year.
- 2) A CMFCAA match support specialist will contact each mentor once monthly regarding progress and concerns for the student.
- 3) Mentors will work with students to complete the FosterClub.org Toolkit. One section of the Toolkit will be completed every month. The students will verify completion of each section by sending the readiness scale score to CMFCAA.
- 4) Transcripts are requested at the end of each semester to verify minimum G.P.A of 2.5.
- 5) Completion of Transitions Program Contract {attached}
- 6) Open communication with caseworkers, mentors, and students after graduation regarding current/future living arrangements and school enrollment/employment.



Applicant Information

Please email completed application to ccfosteradopt@gmail.com or mail to:
1119 Jefferson St., Jefferson City, MO 65101.

First Name _____ Last Name _____ Male/Female _____

Birthdate _____ Race _____ Expected Graduation Date _____

Street Address _____ City & State _____ Zip Code _____

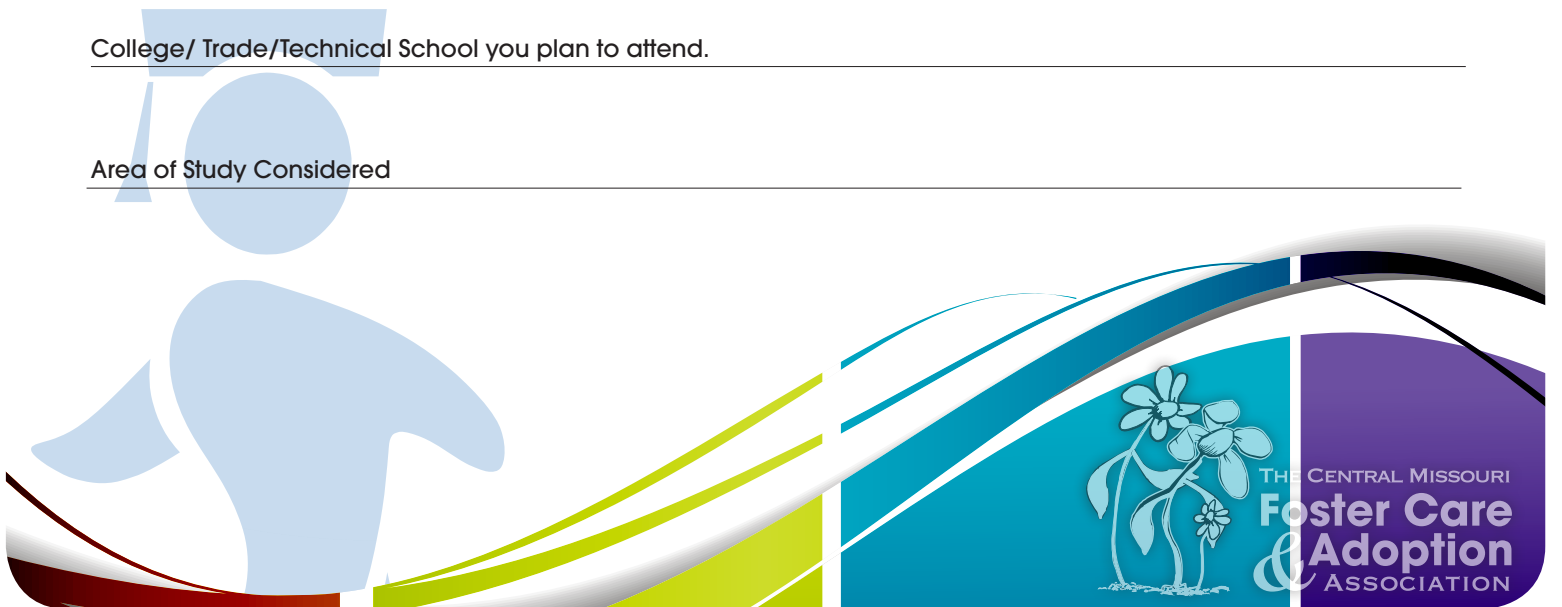
Name of foster parent _____ Home Phone _____ Cell Phone _____

High School Attending _____ Current GPA _____

Caseworker _____ Caseworker Phone _____ Agency _____

College/ Trade/Technical School you plan to attend. _____

Area of Study Considered _____



Do you have transportation? {i.e car, bus pass} _____

How long have you been a foster or adopted child? _____

Please write in 500 words or less how you think further education will help you transition out of care. You may flip to back if needed.



Transition Program Contract

Please initial each item as you go through the list and sign the contract at the end.

I will agree to the following conditions if allowed to participate in Transitions Program:

I will graduate high school: _____

I will keep a G.P.A of 2.5 at minimum throughout my senior year of high school and send a transcript to CMFCAA after each semester to verify: _____

I will not use alcohol/illegal drugs or be involved in any other illegal activities: _____

I will attend all meetings or I will supply a valid reason for absenteeism 1 week in advance: _____

I will take the ACT or SAT and send my results to CMFCAA: _____

I will complete all surveys and submit by allotted deadlines: _____

I will keep contact with my mentor on, but not limited to, a twice-monthly basis by phone, email or personal contact: _____

I will complete 15 hours of community service with a CMFCAA approved agency by graduation: _____

I will attend post-secondary education or trade school, enter the Military, Peace Corps, Job Corps or seek appropriate employment {if not eligible academically for post-secondary education}: _____



I will attend scheduled retreat weekend and complete all required course work: _____

I will complete two sections of the Foster Club Tool Kit and supply CMFCAA with the readiness scale scores by the end of each scheduled month until fully completed: _____

I realize my mentor is donating their time to help me and will treat him/her with respect and consideration: _____

By signing this document I understand and am committing myself to the listed requirements. If I do not meet these requirements, I will be released from the CMFCAA Transition Program and am no longer eligible to receive the benefits provided.

Transitions Student Signature

Date

Foster/Adopted Parent Signature

Date

Caseworker Signature

Date

CMFCAA Representative Signature

Date

